

# PROTEIN WORD SEARCH

B I W C S C A M Q C D O W R R C S E T Q  
X A V T R U X I H Q U X D A S D I J O J  
Y T K L S Y N R N A X L F L L U D Y R H  
O U Z E V L A F F E M J I G S N A T G V  
G R K N D U E Z L C D B T M H T U C P C  
U K D X T B E H S O B A U F A V L T X H  
R E R N I B E J N V W J M R H B T Y S E  
T Y E F L T G A L C X E J A G R E P K E  
N E T C A J O A N X A L R E M E U A U S  
B H V W P M W F Q S K S E K I E R T N E  
E L O C I S A L M O N T H N E L I K S S  
B H A V A F U H U M M U S E T R C E M T  
F C B C R G G S F R G Z I T W I N X Q S  
B L A C K E Y E D P E A S U C S L E D V  
V Q C Q T B O Q Y M J Q I N C P T S L D  
E V E J O A E T U G O E Q A I E Q G X S  
G M Y M F B U A O H D T B E L O L T C L  
G R H N U M X Q N K C H I C K E N Z V Z  
S E K R S Q R X V S N X C S C T G O V D  
J R I B E Y E S T E A K I S C L E D O E

BAKED BEANS  
BLACK BEANS  
BLACK EYED PEAS  
CASHEWS  
CHEESE  
CHICKEN  
EDAMAME

EGGS  
HAMBURGER  
HUMMUS  
LENTILS  
LIMA BEANS  
RIBEYE STEAK  
SALMON

SUNFLOWER KERNELS  
TILAPIA  
TOFU  
TUNA  
TURKEY  
WALNUTS  
YOGURT



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