AR251/AR251-B Venepuncture and Infusion Arm

Instruction Manual
Thank you for purchasing this AR251 Venepuncture and Infusion Arm.

Cast from life, it shows a well developed male left arm in fine detail. The arm features a flexible wrist for added realism, durable silicone skin and is simple to set up, operate and maintain.

**Please read this instruction manual carefully and retain it for future reference.**

**Skills**

- Intravenous cannulation - on the back of the hand or forearm
- Setting up and monitoring infusions including application of dressings to secure cannula in place
- Withdrawal of blood using syringe or vacutainer

**Features**

- Easy to set up
- Flexible wrist for improved realism
- Closed blood system which is clean to use
- The skin is moulded from a specially selected grade of silicone for improved feel, durability and palpation of the veins
- Many procedures can be carried out before a replacement skin is required
- A realistic sensation is felt when the skin and vein are penetrated
- When charged with artificial blood, a realistic ‘flashback’ confirms correct needle location in the vein and blood can then be withdrawn
- Continuous vein system, and innovative two bottle sealed blood assembly, greatly reduce the risk of leakage
- The working veins, which can be identified from the ‘blind veins’ by palpation, are made from a material with self sealing characteristics that can be penetrated many times
- The self-sealing material used for the veins, as well as the silicone skin, enhance durability
- Automatic pressure relief valve
- Replacement skins and veins are simple to fit

**Accessible Veins**

- Dorsal metacarpal
- Cephalic
- Median cubital
- Basilic
Safety and Precautions

⚠️ The veins in this arm contain natural latex which may cause an allergic reaction to some individuals. If a reaction occurs, discontinue use immediately and seek medical advice.

🚫 Do not leave the blood system pressurised when not in use.

🚫 Do not mark the skin with ink from ball point pens, marking pens or newsprint as these cannot be removed.

✔️ It is recommended that 21 gauge or smaller cannulae and needles be used for practice on the arm to avoid accelerated wear of the skin and veins.

✔️ Please treat the Infusion Arm with the same care you would a patient.

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Parts and Configuration
a  Infusion Arm (made up of Skin, Vein, Core)

b  **S251/8** Blanking Plugs (x 2)

c  **S251/11** Tube and Bulb Connector

d  White bottle cap (x 2)

e  **S251/4C** Bottle (x 2)

f  Blue bottle valve (x 2)

g  **S341/7** Orange Pressure Release Cap

h  **S341/6** Bulb

i  **S251/6** Blue vein connector (x 2)

j  **S201/2A** Arm Rest

k  **S251/4D** Rubber Washer (x 2)

l  **S251/7** Pressure Release Valve Assembly

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**Supplied With**

- Syringe: 5 ml
- Syringe: 10 ml
- Cannulae (2)

- **AR204** Blood Concentrate
- **S024** Lubricant
- **S251/3** Carrying Bag

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If you require replacement parts please contact our Sales Department, quoting codes where applicable.
Parts **b** to **l** are available as one complete set - order **SPAR251**
Preparation for Use

1a

1b

1c

2a

2b

2c

3a

3b

10 g (x1 teaspoon)
Make the Blood Concentrate

Ensure the work area is clean and dry. Keep paper towels nearby in case of any spillage.

1a Unscrew the cap of the bottle with the tube and bulb attached.

1b Prepare artificial blood by putting 10 grams (Approx. 1 teaspoon) of artificial blood powder concentrate in the bottle and fill with water to the “Max Level” line.

1c Replace cap and shake well to mix.

Set Up the Arm Rest and Connect the Veins to the Bottles

2a Locate the bottles in the arm rest holder positioning the blue connectors to the slots in the back.

Place the arm with the palm of the hand facing down, supporting the arm at the shoulder end on the arm rest.

2b Connect the arm veins to both bottles using the blue connectors. Locate the connector and insert fully into the valve.

2c Twist the connector clockwise until it locks into place.

Pressurise the System

3a Pump the bulb to charge the vein system.

3b Continue to pump the bulb until blood begins to flow through the arm and into the other bottle.

⚠️ There should be no visible air bubbles in the veins before use. If bubbles are present, keep charging the system until there is a steady flow of blood.

⚠️ Do not over pressurise the system. The pressure release valve on the second bottle will automatically open if the system is over pressurised.
Using Vascular Access Devices & Keeping the System Pressurised

4a A range of vascular access devices may be used to take blood from the arm such as syringes, vacutainers and cannulae.

4b It is recommended that 21 gauge or smaller cannulae and needles be used on the arm to avoid accelerated wear of the skin and veins.

Periodically pump the bulb to maintain pressure in the system during use.

When Blood Has Passed from One Bottle to the Other

5a During use, blood will eventually pass from one bottle to the other. The bulb can easily be swapped to the other bottle so use may continue relatively uninterrupted.

Before the first bottle is completely empty and air enters the vein system, discontinue use and depressurise.

To depressurise the system, open the orange cap on the bulb and allow air to escape.

5b Once the system has depressurised, close the orange cap again.

5c Remove the pressure release valve from the second bottle by turning it anti-clockwise and pulling it out of the bottle valve.

5d Remove the bulb and tube from the first bottle by turning the connector anti-clockwise and pulling it out of the bottle valve.

5e Swap both the bulb and pressure release valve onto the alternate bottles. Locate the tube and bulb connector fully into the second bottle valve and turn clockwise until it locks into place.

5f Locate the pressure release valve fully into the first bottle valve and turn clockwise until it locks into place.

5g Re-charge the system by pumping the bulb until blood begins to flow into the first bottle.

The arm is now ready for use again.
Empty the Vein System of Blood

6a After use, pump the bulb until blood has collected in one bottle and the vein system is empty.

6b Depressurise the system by opening the orange cap on the bulb and allow air to escape.

6c Once the system has depressurised, close the orange cap.

Do not leave the blood system pressurised when not in use.

Disconnect the Veins from the Bottles

7a Disconnect both veins from both bottles before transportation or storage.

To disconnect, turn the blue connectors anti-clockwise and pull out of the bottle valves.

When not in use, the bottles should be completely emptied of blood and washed out.

Using the Blanking Plugs for Transportation

8a The supplied blanking plugs may be placed into both bottles for easy transportation.

Remove the bulb and tube from the bottle by turning the connector anti-clockwise and pulling it out of the white bottle valve.

8b Remove the pressure release valve from the bottle by turning it anti-clockwise and pulling out of the bottle valve.

8c Insert blanking plugs into both bottles by locating plugs fully into bottle valves and turning clockwise until they lock into place.

When not in use, the bottles should be completely emptied of blood and washed out.
Flushing the Vein System & Bottles

9a To clean the bottles and veins the system should be flushed with warm water. Fill the first bottle with warm water and attach the bulb and tube.

9b Set up the infusion arm as before, connecting both veins to both bottles in the stand.

9c Pump the bulb to begin flushing the system. Allow all of the water to flush through the system and pass into the second bottle. Maintain system pressure by pumping the bulb.

Depressurise the system and empty the bottles.

Do not use soap, detergents or any other chemical cleaners to clean the vein system or bottles.

Before storage, or at the end of a training session, the vein system must be flushed through with clean water to prevent mould growth.

Cleaning the Skin and Removing Adhesive Residues

10 The arm skin may be washed with a soap solution.

Methylated spirits can be used to remove residues from adhesive tapes and dressings etc.

Do not mark the skin with ink from ball point pens, marking pens or newsprint as these cannot be removed.
Replacing the Skin and Veins

11a

11b

11c

11d
Replacement Skin and Vein Sets

Replacement skin and vein sets are available from Adam, Rouilly or your local distributor.

AR253 Skin and Vein Set, White for AR251
AR253-B Skin and Vein Set, Black for AR251-B

Replacing the skin and vein set is a relatively simple procedure, as below. However we can carry out this service for you. Please contact our Sales Department for more information.

The veins in this arm contain natural latex which may cause an allergic reaction to some individuals. If a reaction occurs, discontinue use immediately and seek medical advice.

1. Remove the Old Skin and Vein System

11a Remove the two blue vein connectors from each arm vein. **Keep these safely for re-fitting onto the new vein set later.**

11b Detach the white end cap from the shoulder of the arm and pull off from the two veins completely.

11c Pull the old arm skin off the inner arm core and throw away.

11d Remove the old vein system from the core by carefully removing it from the channels in the arm core.

Be sure to remove the veins **carefully** from tunnels x and y so that the core is not damaged.

**Excessive force during vein removal may cause damage to the core.**

*Continues, please see next page...*
Replacing the Skin and Veins (Continued)
2. Insert the New Vein System

11e To insert the new vein, first loop it through tunnel X in the back of the hand. Pull the vein through so that there are equal halves on each side of the tunnel.

11f With the back of the core facing you, loop the first half vein around the right channel in the back of the hand and down the arm to tunnel Y

11g Insert the vein through tunnel Y

11h Loop the other half of the vein around the left channel in the back of the hand.

Continues, please see next page...
Replacing the Skin and Veins (Continued)
2. Insert the New Vein System *(Continued)*

11i Insert the rest of the vein system into its corresponding channels in the arm core, keeping the two ends of remaining vein out of the way during installation of the new arm skin.

3. Installing the New Arm Skin

11j Spray lubricant liberally down the inside of the new skin and work it down by rubbing sides together.

11k With the end of the arm core facing you, slide the arm core over the hand end of the core, all the way to the shoulder.

11l Be sure that the new vein system is still in the vein channels in the arm core. If the vein is not in the channel in the core it can be pushed back into the channel through the skin.

11m Replace the end cap by threading both ends of the vein through the two holes, pushing firmly into place

11n Replace both blue vein connectors in each end of the new vein system.

*The arm is now ready for use again.*
Adam, Rouilly has over 93 year’s experience in providing quality medical models and simulators.

Should you require any further information please contact our Sales Department who will be pleased to help with your enquiry.

Adam, Rouilly Limited
Castle Road
Eurolink Business Park
Sittingbourne
Kent
United Kingdom
ME10 3AG

T: +44(0)1795 471378
F: +44(0)1795 479787
E: sales@adam-rouilly.co.uk
www.adam-rouilly.co.uk

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