



Great Food Kit

Includes 49 **Life/form**® food replicas, resealable bags for storage, and nutritional information for each replica. Added value in this kit includes nutrition information for each food replica. Replicas include:

- almonds
- apple
- asparagus
- banana
- beans, green
- beans, red
- beets
- blueberries
- bread slice, white
- bread slice whole grain
- broccoli
- bun, hamburger
- butter pat
- cantaloupe
- carrots
- cauliflower
- cereal, dry
- cheese cubes
- cheesecake
- chicken breast
- cookie, chocolate chip
- corn
- cottage cheese
- cracker, whole grain
- dressing, French
- egg, fried
- grapefruit
- hamburger, broiled
- ice cream, vanilla
- juice, orange
- margarine
- mayonnaise
- milk, chocolate
- milk, skim
- oatmeal
- peaches
- peanut butter
- pear
- popcorn
- potato, baked
- rice, brown
- salad, tossed
- spaghetti
- strawberries
- sunflower kernels
- tilapia
- tortilla, flour
- tuna
- yogurt, strawberry nonfat

\$285.16 value! Sh. wt. 13 lbs.
WA24485H — \$318.50



Common Meals Kit

This kit offers the opportunity to assemble three square meals and snacks and offers additional foods to change up the daily menu or offer better choices to those you teach. A nice assortment of 28 food replicas to add to your collection or use all by themselves. Includes the following **Life/form**® replicas, many of which are new in recent years:

- biscuit
- blackberries
- bran, raisin
- bread, whole grain
- cake, angel food
- cashews
- cheese, cottage
- cheese, string
- cookie, chocolate chip
- corn on the cob
- crackers, specialty
- dressing, French
- eggs, scrambled
- ice cream, vanilla
- margarine
- melon, honeydew
- milk, white, skim
- milk, white, whole
- oranges, mandarin
- pea pods
- peanut butter
- pineapple, chunks
- pork tenderloin
- rice, long grain & wild
- salad
- spaghetti, whole grain
- tilapia
- yams

\$228.13 value! Sh. wt. 9 lbs.
WA28381H — \$189.95



Dinnerware not included
(except where noted).

NEW Vegetarian Food Kit #2

We received so much positive feedback on our first vegetarian kit, that we developed a second kit with 21 replicas — so you can choose...or just get both. Comes in a plastic storage container. **Life/form**® replicas include:

- avocado
- bagel
- black beans
- blueberries
- brussel sprouts
- cantaloupe
- cherries
- cranberry/grape juice
- cucumber slices
- dates
- edamame
- lentils
- lettuce leaf, romaine
- mustard
- pizza slice, garden
- pretzels
- red pepper rings
- spaghetti & sauce
- sweet potato (baked)
- tomato slice
- walnuts

\$202.18 value! Sh. wt. 8 lbs.
WA33834H — \$169.50



Nasco Replica Nutrition Guide

Nasco **Life/form**® food replicas are great visual aids and hands-on teaching tools. Whether you are discussing a high-fiber diet, diabetes education, or just planning great menus, this guide will help you expand your use of our **Life/form**® food replicas. This easy-to-use guide provides nutrition information for most of the food replicas and includes ideas for using them. 42 pages, 11" x 8½". Spiral-bound. ©2011. Sh. wt. 0.44 lbs.

WA29109H — \$14.95

