

Consumer Education

DVDs



Budgeting Basics

Gr. 6+ After college, Rachel landed a job as a yoga instructor, rented a great apartment, and drove around in a new car. She hardly thought twice about buying new outfits, the latest electronic gadgets, etc. Eventually, it all caught up with her. Daily expenses, taxes, and unexpected bills depleted her salary until she was in serious financial trouble. Luckily, one of her students with some financial know-how came to her aid. With his help, she learned the value of preparing and sticking to a budget and how to plan for the future. Along with Rachel, students will learn how to prepare a basic household budget, why setting goals is a part of financial planning, the importance of keeping track of spending, how to organize household money matters, ways to audit spending habits and discover expensive "blind spots," simple lifestyle changes that can help save money, and how to put together a budget that meets your goals. 18 minutes. ©2008. Sh. wt. 0.31 lbs.

WA26960H DVD — \$99.00



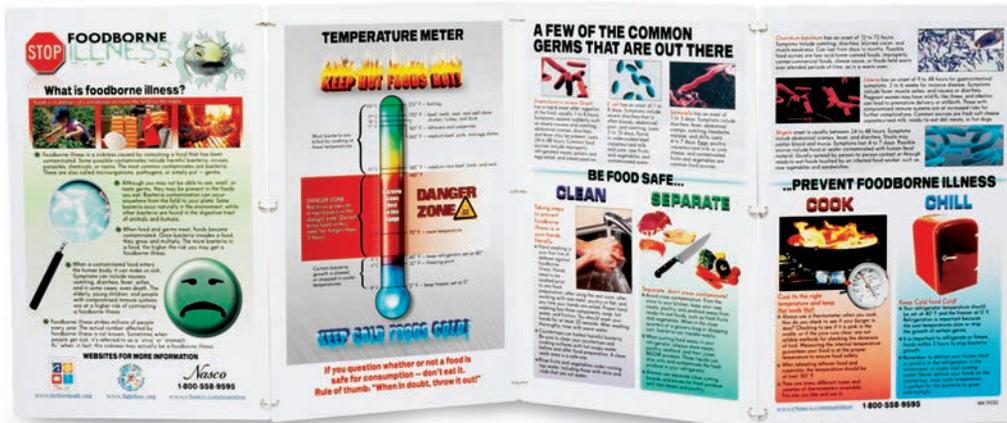
Help! They Stole My Name

Gr. 6+ A must-have for any consumer education classroom. What is identity theft? Can it happen to me? How likely is it that it will? What can you do if it does happen? From corporate data theft to shoulder surfing and skimming this program shows the most common ways thieves steal your identity. Consultations with numerous experts from law enforcement and consumer groups teach how you can protect yourself and how to avoid the most common – and not-so-common identity traps. Learn how identity theft happens, who might be digging through your trash, and what you can do if your identity is stolen. Find out how you can give your wallet a "make-over" to frustrate thieves, which ATMs are most likely to be safe from "skimmers," and how to safely manage your e-mail and Internet activity. 28 minutes. ©2007. Sh. wt. 0.31 lbs.

WA26966H DVD — \$98.95

Culinary Arts

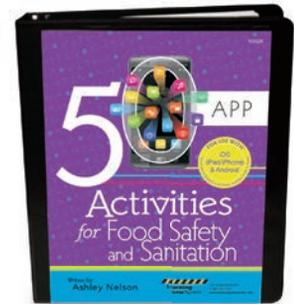
Curriculum Development



Food Safety Folding Display

Gr. 6+ A wonderful visual aid about food-borne illnesses, the effects of temperature on bacterial growth, common bacteria (*Clostridium botulinum*, *Clostridium perfringens*, *Campylobacteria*, *Salmonella*, *Escherichia coli* (*E. coli*), *Listeria*, and *Staphylococcus*.) and safe food handling procedures (food preparation, serving food, and food storage). Colorful, ring-bound display measures: 58" W x 22" H. ©1999, revised 2008. Sh. wt. 4.75 lbs.

WA19030H — \$99.85



50 App Activities for Food Safety and Sanitation

Gr. 6-12 Engage students in creative food safety and sanitation lessons and activities that utilize the latest classroom technology. Includes the best educational free and purchased apps for teaching food safety as well as lesson plans, teaching resources, and fun games. Includes lesson ideas to practice quiz and test questions for ServSafe certification; play games that teach the importance of good hygiene and food safety in restaurants; and track the sources of different foods by scanning the food's barcode. 187 pages, 8½" x 11". Three-ring binder. ©2013. Sh. wt. 2.25 lbs.

WA31784H — \$34.95



Chef's Reference BarCharts

Everything you need to know to make food like a chef. A great reference for your kitchen. Each four-sided 8½" x 11" heavily laminated chart opens to 11" x 17". Sh. wt. 0.19 lbs.



Set of 5. Includes one of each guide listed below. Sh. wt. 0.63 lbs.

WA32350H — \$25.25 Nasco Price \$22.50

Stocks & Sauces. Includes broths and stocks, gravy, vinaigrettes, BBQ sauce, pasta sauces, marinades, salsa, and more.

WA32345H — \$5.05

Meat, Poultry, Seafood. Includes shopping, preparing, storing, carving, beef, veal, pork, lamb, poultry, seafood, and more.

WA32346H — \$5.05

Chef's Companion. Includes measuring and temperature tips, conversions, food storage, ingredient substitutions, and more.

WA32347H — \$5.05

Herbs & Spices. Includes tips and tricks, drying and storing herbs, herb butters, salt facts, herbal marinades, and more.

WA32348H — \$5.05

Kitchen Tips & Tricks. Includes informative, money-saving hints for safe and healthy cooking, baking, and cleanup.

WA32349H — \$5.05