



The Miracle of Birth 3: Five Birth Stories

Gr. 6+ Weaving candid interviews with real labor footage, the most common hospital birth scenarios are featured in this modern, inspirational collection. Viewers will not only be entertained by this popular format, but will also be better prepared for their own births. Features short stand-alone stories and shows the most common medical procedures. Engages parents without drama and negative nuances. Shows families of differing ages, ethnicities, and situations. 55 minutes. ©2010. Sh. wt. 0.31 lbs.

WA28632H DVD — \$249.95



Stages of Labor: Teen Second Edition.

Gr. 8+ A teen-focused DVD depicting the experiences of other teens. Includes incredible 3-D animation and anatomy lessons, while featuring an all-teen cast of parents. Teen counselors, educators, and childbirth instructors will find this DVD one of the most comprehensive teaching tools available to help teens gain a complete understanding of the labor and delivery process. Comes with facilitators guide and handouts. 32 minutes. ©2007. Sh. wt. 0.31 lbs.

WA27250H DVD — \$279.95

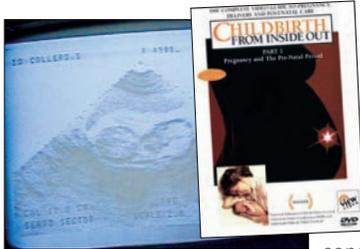
A sure favorite!



Dealing with Birth Defects

Gr. 9+ A baby with a birth defect is born every 3½ minutes. Early detection of birth defects during pregnancy can help mothers prepare for a child with a disorder. Emphasizes that most birth disorders are treatable and that many newborns with birth defects grow to exceed their expected potential. 27 minutes. ©2000. Sh. wt. 0.25 lbs.

WA27275H DVD — \$109.95



Childbirth: From Inside Out

Part 1 — Pregnancy and the Prenatal Period. Gr. 10+ First of a two-part series, this DVD presents comprehensive, medically-sound information that deals simply and honestly with the many aspects of childbirth. It answers many of the sensitive questions of parents-to-be, enables parents to formulate a list of concerns to discuss with their physician,

and promotes a healthier, safer pregnancy. Covers preparing for pregnancy, nutrition and exercise, and the psychology of pregnancy. Includes interactive pregnancy risk test, program guide, and checklist for each phase. 78 minutes. ©1989. Sh. wt. 0.31 lbs.

WA26412H DVD — \$23.60



Part 2 — Delivery and the Postnatal Period. Gr. 10+ This program takes us from the planning stages to the actual delivery room procedures. Areas covered include amniocentesis and ultrasound, morning sickness, and a review of drugs. Group discussions, two exercise segments, and several actual births make this the most comprehensive DVD of its kind. Covers the hospital experience, labor and delivery, and postnatal care. Includes

an interactive pregnancy risk test, program guide, and a checklist for each phase. 72 minutes. ©1989. Sh. wt. 0.31 lbs.

WA26413H DVD — \$23.60



Birth Defects: Causes and Prevention

Gr. 7+ Explores the most common types of birth defects, covering the five major classifications: malformations present at birth, inborn errors of metabolism, blood disorders, and perinatal damage. Also includes information on the prevention of birth defects, with an emphasis placed on the importance of good prenatal care.

10 minutes. ©1990. Sh. wt. 0.31 lbs.

WA26160H DVD — \$49.95



Bringing Baby Home: A How-To Guide for New Parents

Gr. 9+ Guides parents through the first six months of a newborn's life. Divided into four sections, this program concisely covers more than 100 topics with practical demonstrations and authoritative information. Daily activities such as diapering, bathing, and breastfeeding are clearly shown, and basic health concerns are addressed. Postpartum issues are also discussed, and advice for

couples is provided by a family therapist. Resource guide with discussion questions available online. 60 minutes. ©2005. Sh. wt. 2.25 lbs.

WA25215H DVD — \$139.95



Infant Milestones: An Overview

Gr. 6+ Follow an infant's rapid physical development in the first year of life. See how a baby's brain develops and how infants fit into the sensorimotor stage of development. Also provides tips to parents and caregivers for ways to foster the social and emotional growth of young children. 30 minutes. ©2012. Sh. wt. 0.25 lbs.

WA30091H DVD — \$129.00



Understanding Postnatal Depression

Gr. 9+ New parents may go through a variety of mood changes after the birth of a child without necessarily experiencing postpartum depression. This program details its symptoms and explaining how it differs from other difficult emotions. Featuring an in-depth case study and commentary from mothers who have had the condition, a psychiatrist, and other experts, the video explores contributing factors and available treatments while dispelling myths and misconceptions. 22 minutes. ©2012. Sh. wt. 0.25 lbs.

WA32416H DVD — \$129.95



Prenatal and Early Childhood Nutrition

Gr. 5+ When women are pregnant or breastfeeding, they have special nutritional needs. Learn about the nutritional considerations for women and their new babies during pregnancy and while breastfeeding including nutrients and extra calories, foods to avoid, food safety practices, and favorite nutritious snacks and meals. Also features advice from a real mom on navigating pregnancy. Additional teaching materials available online. 20 minutes.

©2012. Sh. wt. 0.31 lbs.

WA29788H DVD — \$79.95